



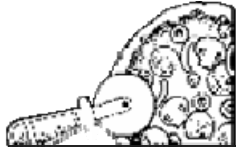
Menu

OCTOBER 2008

3-8



Daily Choices: Menu of the Day (varies daily, see calendar below)
 Self Salad Bar with fresh fruits and veggies (low fat options)
 Grab and Go Cold Sandwiches including Sliced Ham, Turkey, etc
 Grab and Go Hot Sandwiches including Hamburger, Grilled Cheese, etc
 Dessert Options - Home made cake, cobblers and ice creams
 Drink Options - Milk, Water, Fruit Juices and other assorted beverages

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fish Fillet Mac n' Cheese Sweet Peas Dinner Roll	2 Taco Salad Burrito's Nacho's w/ Cheese Mexican Rice	3 Field Day CAFÉ CLOSED
6 Submarine Sandwich Tater Tots Fruit Cup	7 Choice of Soup du Jour Grilled Cheese Sandwich Veggie & Dip	8 Baked Chicken Scalloped Potatoes Steamed Cabbage & Corn Bread	9 Taco Salad Burrito's Nacho's w/ Cheese Refried Beans	10 Half Day CAFÉ CLOSED
13 Hamburger w/Toppings French Fries Fruit Cup	14 Baked Spaghetti, Italian Spinach Sweet Corn French Bread	15 DOMINO'S PIZZA 	16 HALF DAY CAFÉ CLOSED	17 PROFESSIONAL DAY NO CLASSES
20 FALL BREAK NO SCHOOL	21 Choice of Pasta Soup du Jour Grilled Cheese Sandwich Veggie & Dip	22 CHINESE DAY Sweet & Sour Chicken Egg Roll Fried Rice	23 Taco Salad Burrito's Nacho's w/ Cheese Refried Beans	24 Baked Ravioli Sweet Corn Italian Spinach French Bread
27 BBQ Pork Sandwich Cole Slaw Baked Beans French Fries	28 Italian Lasagne Italian Spinach Sweet corn French Bread	29 Fish Fillet Mac n' cheese Sweet Peas Dinner Roll	30 Taco Salad Burrito's Nacho's w/ Cheese Refried Beans	31 <u>Backwards Day</u> Sausage or Bacon Hash Brown French Toast or Biscuits